

Plaque: Saliva, food, and fluids combine to produce bacteria that formed on tooth surface and where teeth and gums meet, it is called Plaque. It causes the tooth to stain and it is primary factor in gum disease. Plaque begins forming on teeth 4 to 12 hours after brushing, which is why it is so important to brush at least twice a day and floss daily.

Tartar: is a crusty deposit that can trap stains on the teeth and cause discoloration. It creates a strong bond that can only be removed by a dental professional. Tartar formation may also make it more difficult to remove new plaque and bacteria.



Slight

Moderate

Heavy

Individuals vary greatly in their susceptibility to plaque and tartar. For many of us, these build up faster as we age.

YOU CAN HELP PREVENT THE BUILDUP OF TARTAR BY:

- Having your teeth cleaned professionally every 6 months, or more frequently as recommended by your dentist or hygienist
- Brushing with toothpaste that contains pyrophosphate which adheres to the tooth surface and inhibits the formation or growth of calculus crystals.
- Brushing with toothpaste which contains sodium hexametaphosphate, a pyrophosphate specially formulated to not only inhibit calculus, but also loosen and break the bonds of extrinsic stains for powerful whitening and a protective barrier to prevent future stains.